Chartiers Twp. Community Center

October 2014

Sunday	Monday	Tuesday	Wed.	Thursday	Friday	Saturday
•			1 Zumba 9:30	2 Senior Strength 9:00	3 *Senior Bingo 10:30	4 Rental
				Zumba 5:30		
5 Rental	Knitting/Crochet Club 1-3pm Yoga 6:00	7 Midline Momentum Cardio 9:00 Cancelled *Senior Bingo 10:30 Zumba 11:00	8 Zumba 9:30 Family Cooking Class, "Homemade Pasta" 11-1pm Sign up by 10/6 Cost \$12/15/10	9 Senior Strength 9:00 Cancelled Greeting Card Making Class 2:00pm Cost \$12/15/10 Sign up by 10/6	*Senior Bingo 10:30	11
12 Rental	Knitting/Crochet Club 1-3pm Yoga 6:00	14 Senior Bus/Boat Trip Leaves at 9am Building open at 8:30 Midline Momentum Cardio 9:00 * Senior Bingo 10:30 Zumba 11:00	15 Zumba 9:30 Atty. James Jeffries, Speaker Series, "Why Hire a Lawyer" 3:00pm (Free)	2dinoa 5.30 16 Senior Strength 9:00 Jeffrey's Drug Store Guest Speaker Brian King. "Vitamins" (Free) 11am Sign Up by 10/13/14 Line Dancing 1:30-3pm 6 wk class. \$50/55/50 Sign up by 10/13/14 Zumba 5:30 Wine Enthusiast Mtg.	*Senior Bingo 10:30	18
				6:30pm Cost: \$8/10/5 Sign up by 10/13/14		
19 Rental	20 Knitting/Crochet Club 1-3pm Yoga 6:00 "Opening up the dialogue between Adult Children/Senior Parents". Speaker Mark Belding from Home Instead Senior Care. 6pm Sign up by 10/16/14	21 Midline Momentum Cardio 9:00 Senior Mtg. & Luncheon 11:00 followed by Bingo & Cards Zumba 11:00 Cancelled	Zumba 9:30 Stress Reduction Workshop with Dr. Michael Weir. 5:30-7pm Cost: \$30/35/30 Sign up by 10/17/14	23 Senior Strength 9:00 Senior Meal 12:00 Cost: \$2 Senior Computer Class.1:00pm (Free) Sign up Sheet at Front Desk Table for both by 10/16 Line Dancing 1:30-3pm 6 wk class. \$50/55/50 Sign up by 10/13/14 Zumba 5:30	24 *Senior Bingo 10:30 Paint & Sip 6:30pm Sign up by 10/21/14 \$30/35/27	25 Rental
26 Rental	Knitting/Crochet Club 1-3pm Yoga 6:00	28 Midline Momentum Cardio 9:00 *Senior Bingo 10:30 Zumba 11:00	Zumba 9:30 Rental 4-9pm	30 Senior Strength 9:00 Line Dancing 1:30-3pm 6 wk class. \$50/55/50 Sign up by 10/13/14 Zumba 5:30	*Senior Bingo 10:30 Happy Halloween!	

You are responsible to bring your own equipment for fitness classes Community Center Hours:

Monday	9-7
Tuesday	9-4
Wednesday	9-7
Thursday	9-7
Friday	9-4

Fitness Class Rates:

Chartiers Twp. Resident	\$ 8.00 per class
Non-Resident	\$10.00 per class
Chartiers Senior Center Members	\$ 5.00 per class

(Senior Center Annual Membership Rate= \$2.00)

All other class rates are as marked on Schedule \$Resident/Non-Resident/Senior Member

Classes and Events may be canceled or changed without prior notice. Check updated schedule at www.chartierstwp.com or by calling 724-485-2126

Senior Center Monthly Meeting

***You must call and make reservations for the Monthly Meeting Luncheon. The Senior Monthly Meeting and Luncheon is held on the 3rd Tuesday of each month. Bingo and Card players are encouraged to stay after the luncheon to play!

Oct. 21st - Guest Speaker – Linda & Barry Andrews – Pa Alliance for Retired Americans

> Chartiers Township Community Center 2013 Community Center Drive, Houston, Pa 15342 724-485-2126

> > www.chartierstwp.com

Revised 9/26/14